

# **Anecdotes And Advice From Eleven Mums Who Are Living Aboard And Sailing Around**

The book is full of practical tips and advice on everything from choosing a boat to homeschooling your children while living on the water. Here are a few of the topics covered:

- Choosing a boat
- Equipping your boat
- Sailing with children
- Homeschooling while living aboard
- Budgeting for life aboard

If you are considering living aboard and sailing around the world with your family, this book is a valuable resource. The mums who contributed to this book have a wealth of experience and knowledge to share. They offer practical advice on everything from choosing a boat to homeschooling your children while living on the water.

This book is also a great read for anyone who is interested in learning more about the challenges and rewards of living aboard and sailing around the world. The mums who contributed to this book share their stories of adventure, joy, and heartbreak. Their stories are sure to inspire and motivate you.

**Family Life at Sea: Anecdotes and advice from eleven mums who are living aboard and sailing around the**



## world with their families by Robyn Hawkins

★★★★★ 5 out of 5

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Enhanced typesetting	: Enabled
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The first step in living aboard and sailing around the world is choosing a boat. There are many different types of boats to choose from, so it is important to do your research and find a boat that is right for you and your family.

Here are a few things to consider when choosing a boat:

- **Size:** How many people will you be living aboard? How much storage space do you need?
- **Type:** What type of sailing do you plan to do? Will you be mostly coastal sailing or will you be crossing oceans?
- **Budget:** How much can you afford to spend on a boat?

Once you have considered these factors, you can start to narrow down your choices. It is a good idea to visit a boat show or talk to a boat broker to learn more about different types of boats.

Once you have chosen a boat, you will need to equip it for living aboard. This includes installing a galley, a bathroom, and sleeping quarters. You will also need to stock your boat with food, water, and other supplies.

Here is a checklist of some of the things you will need to equip your boat:

- Galley: stove, oven, refrigerator, sink, storage
- Bathroom: toilet, shower, sink
- Sleeping quarters: beds, bedding, storage
- Safety equipment: life jackets, flares, fire extinguisher, first aid kit
- Navigation equipment: GPS, charts, compass
- Communication equipment: VHF radio, SSB radio, satellite phone

Sailing with children can be a great experience, but it is also important to be prepared for the challenges. Here are a few tips for sailing with children:

- **Start small:** Don't try to sail across an ocean on your first trip with children. Start with shorter trips and gradually increase the distance as your children get older and more experienced.
- **Make it fun:** Children are more likely to enjoy sailing if they are involved in the process. Let them help with sailing, navigation, and other tasks.
- **Be prepared for seasickness:** Seasickness is a common problem for children, especially on longer trips. Be sure to have plenty of medication on hand and keep your children hydrated.

- **Be safe:** Always wear life jackets when sailing with children. And be sure to supervise your children at all times.

Homeschooling while living aboard can be a great way to provide your children with a well-rounded education. Here are a few tips for homeschooling while living aboard:

- **Create a schedule:** It is important to create a schedule for your homeschooling lessons. This will help your children stay on track and make it easier for you to plan your day.
- **Be flexible:** Things don't always go according to plan when you are living aboard. Be flexible with your schedule and be prepared to adjust it as needed.
- **Use resources:** There are many resources available to help you homeschool your children while living aboard. These resources include online courses, textbooks, and curriculum guides.
- **Connect with other homeschooling families:** There are many homeschooling families who live aboard. Connecting with these families can provide you with support and encouragement.

Living aboard can be a relatively affordable way to travel the world. However, it is important to budget carefully to make sure that you can cover your expenses. Here are a few tips for budgeting for life aboard:

- **Track your expenses:** Keep track of all of your expenses, including food, fuel, repairs, and other costs. This will help you identify areas where you can save money.

- **Cook meals on board:** Eating out can be expensive, especially when you are living aboard. Cook meals on board as often as possible to save money.
- **Shop around for supplies:** Don't be afraid to shop around for supplies. There are many different places to buy food, fuel, and other supplies. Compare prices before you buy to get the best deals.
- **Be frugal:** There are many ways to be frugal while living aboard. For example, you can use less water, turn off lights when you leave a room, and repair things yourself instead of hiring a professional.

Living aboard and sailing around the world can be a life-changing experience. It is a great way to see the world, learn new things, and bond with your family.



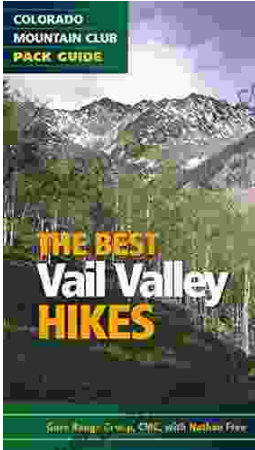
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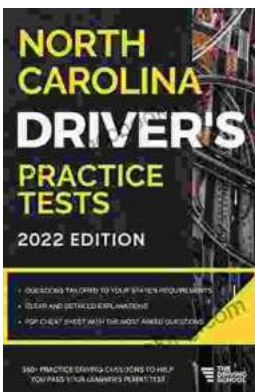
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