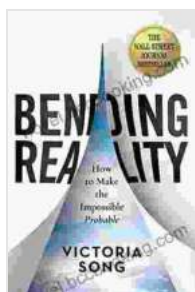


# Bending Reality: How to Make the Impossible Probable

Have you ever wondered if there's more to life than what you're currently experiencing? Do you feel like you're capable of more, but you're not sure how to tap into your full potential?



## Bending Reality: How to Make the Impossible Probable

by Victoria Song

★★★★☆ 4.8 out of 5

Language : English

File size : 956 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 190 pages

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If so, then you're not alone. Millions of people around the world are waking up to the fact that they have the power to create the life they want. And it all starts with bending reality.

Bending reality is the ability to use your mind to change your circumstances. It's the ability to make the impossible probable. And it's something that anyone can learn to do.

In this book, you will learn:

- The science behind bending reality
- How to use your mind to create the life you want
- How to achieve your goals faster than you ever thought possible

If you're ready to take your life to the next level, then this book is for you. *Bending Reality* will show you how to make the impossible probable, and create the life you've always dreamed of.

### **The Science Behind Bending Reality**

There is a growing body of scientific evidence that supports the idea that we can use our minds to change our reality.

For example, a study published in the journal *Science* found that people who were asked to visualize themselves achieving a goal were more likely to achieve that goal than people who did not visualize themselves achieving the goal.

Another study, published in the journal *Nature Neuroscience*, found that people who were asked to meditate on compassion were more likely to show signs of increased compassion in their behavior.

These studies suggest that our minds have the power to influence our physical reality. And if we can use our minds to influence our physical reality, then we can use our minds to bend reality.

### **How to Use Your Mind to Create the Life You Want**

Now that you know that bending reality is possible, let's talk about how to do it.

The first step is to get clear on what you want. What are your goals? What do you want to achieve in life?

Once you know what you want, you need to start visualizing it. See yourself achieving your goals. Feel the emotions that you would feel if you had already achieved your goals.

Visualization is a powerful tool that can help you to program your subconscious mind for success. When you visualize yourself achieving your goals, you are sending a message to your subconscious mind that these goals are possible.

Your subconscious mind is always working to help you achieve your goals. But it can only work with the information that you give it. So if you want to achieve your goals, you need to give your subconscious mind clear instructions.

Visualization is a great way to give your subconscious mind clear instructions. By visualizing yourself achieving your goals, you are telling your subconscious mind that these goals are possible and that you are committed to achieving them.

## **How to Achieve Your Goals Faster Than You Ever Thought Possible**

If you want to achieve your goals faster than you ever thought possible, there are a few things you can do.

First, set realistic goals. Don't try to achieve too much too quickly. Start with small, achievable goals and work your way up to larger goals.

Second, take action. Don't just sit around and wait for things to happen. Take action towards your goals every single day.

Third, be persistent. Don't give up on your goals just because you don't see results immediately. Keep going and eventually you will achieve your goals.

Bending reality is a powerful tool that can help you to create the life you want. By using the techniques in this book, you can learn to use your mind to change your circumstances and make the impossible probable.

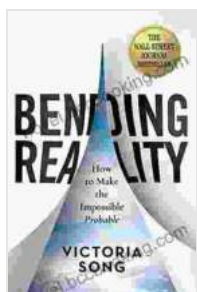
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This book will show you how to:

- Use your mind to create the life you want
- Achieve your goals faster than you ever thought possible
- Make the impossible probable

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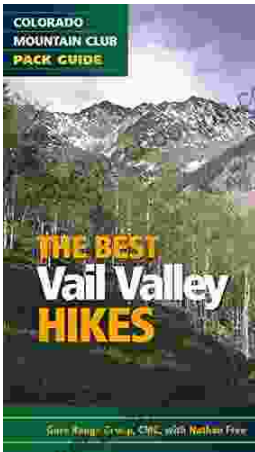
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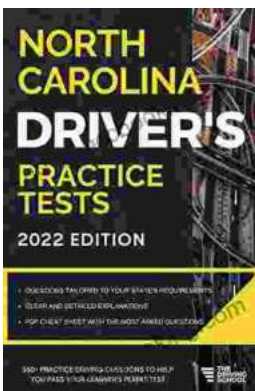
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