

Make Everyone Happy Without Losing Your Mind: The Ultimate Guide to People-Pleasing



Fearless Family Vacations: Make Everyone Happy Without Losing Your Mind by Sally Black

★★★★★ 5 out of 5

Language	: English
File size	: 536 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 204 pages
Lending	: Enabled



Are you tired of always putting others before yourself? Do you feel like you're constantly sacrificing your own happiness to make others happy? If so, then this book is for you.

Make Everyone Happy Without Losing Your Mind is the ultimate guide to people-pleasing. In this book, you will learn how to:

- Identify your own needs and wants
- Set boundaries with others
- Say no to requests that you don't want to do
- Deal with difficult people
- And much more!

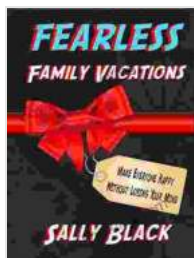
This book is packed with practical advice and exercises that will help you to overcome your people-pleasing tendencies and start living a happier, more fulfilling life. If you're ready to make a change, then Free Download your copy of Make Everyone Happy Without Losing Your Mind today!

What Others Are Saying About Make Everyone Happy Without Losing Your Mind

"This book is a lifesaver! I've always been a people-pleaser, and it's taken a toll on my mental health. This book has helped me to understand my people-pleasing tendencies and to start setting boundaries. I'm finally starting to feel like I'm in control of my own life." - Our Book Library customer

"I highly recommend this book to anyone who struggles with people-pleasing. It's well-written and full of practical advice. I've already started implementing some of the techniques in the book, and I'm seeing a big difference in my life." - Goodreads reviewer

Free Download your copy of Make Everyone Happy Without Losing Your Mind today!



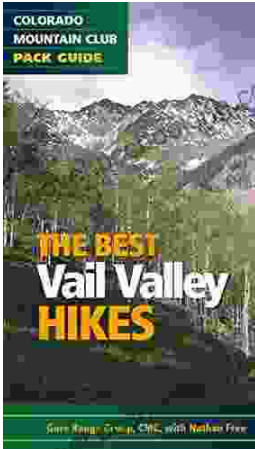
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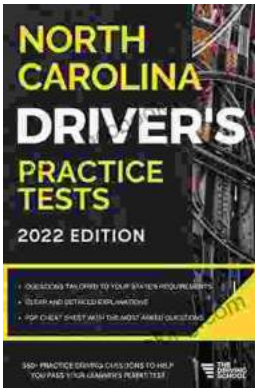
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