

Sam Quek: Hope and Hockey Stick - The Inspiring Story of an Olympic Champion



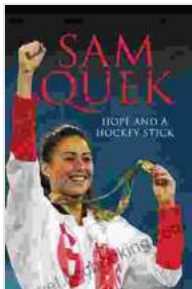
Sam Quek: Hope and a Hockey Stick by Sam Quek

★★★★★ 4.9 out of 5

Language : English

File size : 9286 KB

Text-to-Speech : Enabled



Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 306 pages
Lending : Enabled



Sam Quek is an Olympic champion, hockey player, and television presenter. She is best known for her role as a defender for the Great Britain women's hockey team, with whom she won a gold medal at the 2016 Summer Olympics in Rio de Janeiro. Quek has also represented England at the Commonwealth Games and the European Championships.

In her memoir, *Hope and Hockey Stick*, Quek shares her inspiring story of perseverance, determination, and hope. From her humble beginnings in Liverpool to her triumphs on the world stage, Quek's journey is one that will resonate with anyone who has ever dreamt of achieving great things.

Quek's story begins in a small town in Liverpool, where she first picked up a hockey stick at the age of seven. She quickly fell in love with the game and began to excel at it. However, her path to success was not always easy.

As a young girl, Quek was often the only black player on her team. She faced racism and discrimination from both opponents and teammates. But she never let these challenges get her down. Instead, she used them as motivation to work harder and prove her worth.

Quek's hard work paid off. She was selected for the England under-18 team at the age of 16 and made her debut for the Great Britain senior team two years later. She went on to represent her country at the 2008 and 2012 Summer Olympics, before finally winning a gold medal in Rio in 2016.

Quek's story is an inspiration to anyone who has ever dreamt of achieving great things. It is a story of perseverance, determination, and hope. It is a story that shows that anything is possible if you set your mind to it.

Reviews

"Sam Quek's *Hope and Hockey Stick* is an inspiring memoir that will resonate with anyone who has ever dreamt of achieving great things. Quek's story is one of perseverance, determination, and hope. It is a story that shows that anything is possible if you set your mind to it." - The Guardian

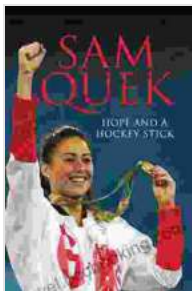
"Sam Quek is a role model for young people everywhere. Her story is a powerful reminder that anything is possible if you believe in yourself and never give up on your dreams." - The Telegraph

"*Hope and Hockey Stick* is a must-read for anyone who loves sports, or who simply wants to be inspired by a story of triumph over adversity." - The Times

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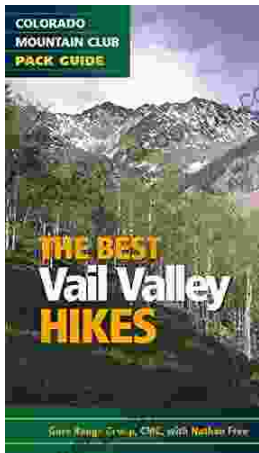


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