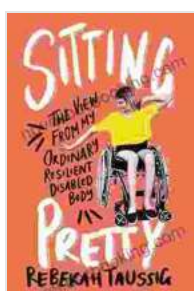


The View From My Ordinary Resilient Disabled Body: A Journey of Healing and Self-Acceptance

In her powerful and moving memoir, *The View From My Ordinary Resilient Disabled Body*, author Sarah Swafford shares her personal journey of healing and self-acceptance after being diagnosed with a chronic illness. Through her raw and honest account, she offers hope and encouragement to others who are living with disability.



Sitting Pretty: The View from My Ordinary Resilient Disabled Body by Rebekah Taussig

★★★★☆ 4.7 out of 5

Language	: English
File size	: 2569 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 261 pages
Screen Reader	: Supported



Sarah was diagnosed with multiple sclerosis (MS) in her early 30s. At first, she was devastated by the diagnosis. She feared that her life would be forever changed, and that she would never be able to live a full and meaningful life. But over time, she came to realize that her disability did not define her. She learned to embrace her new reality, and to find joy and fulfillment in her life despite her limitations.

In *The View From My Ordinary Resilient Disabled Body*, Sarah shares her experiences with MS, as well as the lessons she has learned along the way. She writes about the challenges of living with a chronic illness, but she also focuses on the positive aspects of her life. She shares her insights on how to find hope and healing, and how to live a full and meaningful life with disability.

Sarah's memoir is a powerful and inspiring read for anyone who is living with disability. It is a story of hope, resilience, and self-acceptance. Sarah's journey is a reminder that we are all capable of great things, regardless of our circumstances.

Endorsements

"Sarah Swafford's memoir is a powerful and moving account of her journey of healing and self-acceptance after being diagnosed with a chronic illness. Her story is an inspiration to anyone who is living with disability, and her insights on how to find hope and healing are invaluable." - **Dr. David Lyons, author of *The Healing Journey***

"Sarah Swafford's memoir is a beautifully written and deeply personal account of her journey of healing and self-acceptance after being diagnosed with a chronic illness. Her story is a testament to the power of the human spirit, and her insights on how to find hope and healing are invaluable." - **Kathy Ryan, author of *The Courage to Be Yourself***

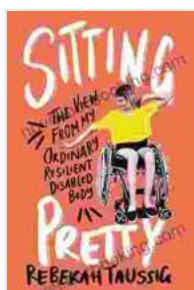
About the Author

Sarah Swafford is a writer, speaker, and advocate for people with disabilities. She is the author of *The View From My Ordinary Resilient Disabled Body*, a memoir about her journey of healing and self-acceptance

after being diagnosed with multiple sclerosis. Sarah is passionate about helping others to find hope and healing, and she speaks regularly about her experiences with disability.

Free Download Your Copy Today

The View From My Ordinary Resilient Disabled Body is available now from all major booksellers. Free Download your copy today and start your own journey of healing and self-acceptance.



Sitting Pretty: The View from My Ordinary Resilient Disabled Body by Rebekah Taussig

★★★★☆ 4.7 out of 5

- Language : English
- File size : 2569 KB
- Text-to-Speech : Enabled
- Enhanced typesetting : Enabled
- X-Ray : Enabled
- Word Wise : Enabled
- Print length : 261 pages
- Screen Reader : Supported





Embark on Unforgettable Adventures: Discover the Best of the Vail Valley through Hiking and Snowshoeing

Unveiling the Enchanting Trails of the Vail Valley Nestled amidst the breathtaking Rocky Mountains, the Vail Valley beckons adventurers to immerse themselves in its...



Master the Road: Ace Your North Carolina Driver's Test with Our Practice Tests

Unlock the Secrets to Driving Success in North Carolina Are you eager to get behind the wheel and experience the freedom of driving? Before you can hit...