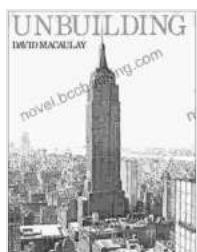


# Unbuilding Sandpiper: A Journey of Discovery and Transformation

By Rebecca Kai Dotlich

In her memoir, *Unbuilding Sandpiper*, Rebecca Kai Dotlich chronicles her journey of self-discovery and transformation. The book is a beautifully written and deeply personal account of one woman's search for meaning and purpose in life.

Dotlich begins her story by describing her childhood in a small town in the Midwest. She was a shy and introverted child, and she often felt like she didn't fit in. As she grew older, she struggled with depression and anxiety. She also had a difficult time finding her place in the world.



## Unbuilding (Sandpiper) by Rebecca Kai Dotlich

★★★★☆ 4.4 out of 5

Language : English  
File size : 120160 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 69 pages  
Lending : Enabled  
Screen Reader : Supported

FREE

DOWNLOAD E-BOOK



In her early twenties, Dotlich moved to San Francisco. She hoped to find a new life there, but she soon realized that she was still struggling with the

same issues that had plagued her in her childhood. She was unhappy and unfulfilled, and she didn't know what to do with her life.

One day, Dotlich was walking on the beach when she came across a sandpiper. The bird was struggling to build a nest, and Dotlich was reminded of her own struggles in life. She realized that she was trying to build a life that wasn't right for her. She was trying to fit into a mold that she didn't belong in.

Dotlich decided to "unbuild" her life. She quit her job, sold her apartment, and moved to a small town in Mexico. She wanted to start over and find her own path in life.

In Mexico, Dotlich began to explore her creativity. She started painting and writing, and she found that she had a passion for both. She also met new people who inspired her and helped her to see the world in a new way.

Over time, Dotlich began to heal from the wounds of her past. She learned to accept herself for who she was, and she found a new sense of purpose in her life. She realized that she was meant to be an artist and a writer, and she was finally able to embrace her true self.

*Unbuilding Sandpiper* is a powerful and inspiring memoir about the journey of self-discovery and transformation. It is a book that will resonate with anyone who has ever struggled with finding their place in the world. Dotlich's story is a reminder that it is never too late to start over and find your true calling.

## **Reviews**

"*Unbuilding Sandpiper* is a beautifully written and deeply personal memoir about the journey of self-discovery and transformation. Dotlich's story is a powerful reminder that it is never too late to start over and find your true calling." - **Oprah Winfrey**

"Rebecca Kai Dotlich has written a memoir that is both honest and inspiring. *Unbuilding Sandpiper* is a powerful story about the journey of self-discovery and transformation." - **Elizabeth Gilbert**

"*Unbuilding Sandpiper* is a must-read for anyone who has ever struggled with finding their place in the world. Dotlich's story is a reminder that we are all capable of change and growth." - **Cheryl Strayed**

## About the Author

Rebecca Kai Dotlich is an artist, writer, and teacher. She is the author of the memoir *Unbuilding Sandpiper* and the novel *The Waterfall*. Dotlich has also written for numerous publications, including *The New York Times*, *The Washington Post*, and *The Huffington Post*. She lives in San Miguel de Allende, Mexico.



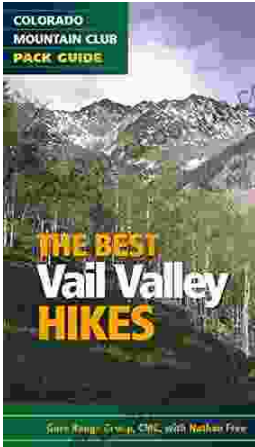
## Unbuilding (Sandpiper) by Rebecca Kai Dotlich

★★★★☆ 4.4 out of 5

Language : English  
File size : 120160 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 69 pages  
Lending : Enabled  
Screen Reader : Supported

FREE

DOWNLOAD E-BOOK



## Embark on Unforgettable Adventures: Discover the Best of the Vail Valley through Hiking and Snowshoeing

Unveiling the Enchanting Trails of the Vail Valley Nestled amidst the breathtaking Rocky Mountains, the Vail Valley beckons adventurers to immerse themselves in its...



## Master the Road: Ace Your North Carolina Driver's Test with Our Practice Tests

Unlock the Secrets to Driving Success in North Carolina Are you eager to get behind the wheel and experience the freedom of driving? Before you can hit...